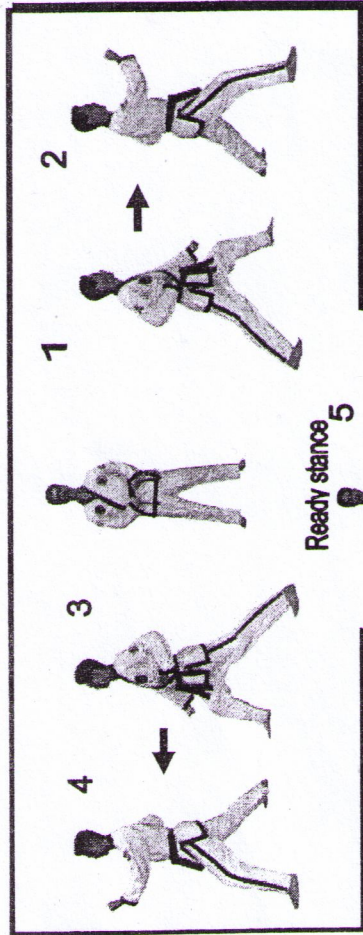
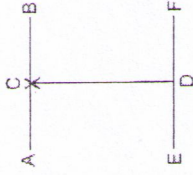


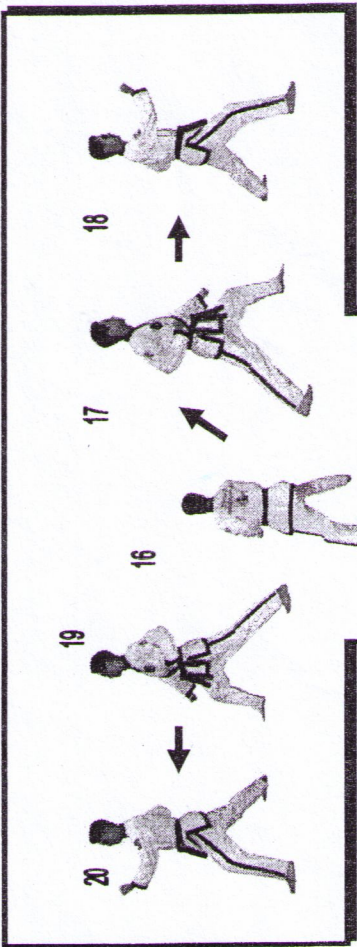
Palgwe I

팔괘 1 장



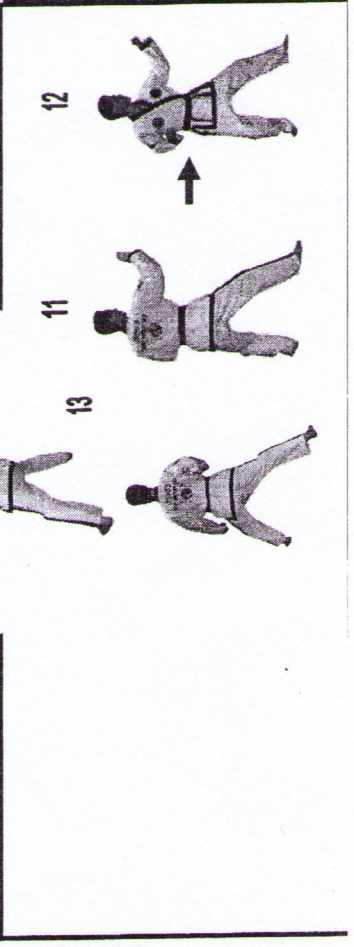
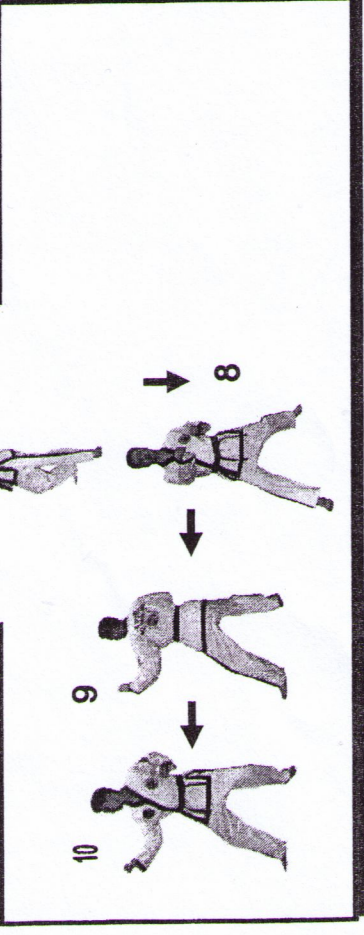
Ready Stance
 1. Front stance[L], Low block[L]
 2. Front stance[R], Outside-inside body block[R]
 3. Front stance[R], Low block[R]
 4. Front stance[L], Outside-inside body block[L]
 5. Front stance[L], low block[L]

6. Back stance[L], inside-outside body block[R]
 7. Back stance[L], inside-outside body block[L]
 8. Front stance[R], Body punch[R] - Yell
 9. Back stance[R], Double Knife hand body block
 10. Back stance[L], inside-outside body block[R]



11. Back stance[L], Double Knife hand body block
 12. Back stance[R], inside-outside body block[L]
 13. Front stance[L], low block[L]
 14. Front stance[R], Knife hand strike[R]
 15. Front stance[L], Knife hand strike[L]
 16. Front stance[R], Body punch[R] - Yell

17. Front stance[L], Low block[L]
 18. Front stance[R], Outside-inside body block[R]
 19. Front stance[R], Low block[R]
 20. Front stance[L], Outside-inside body block[L]
Ready stance



Palgwe II Jang- Concept of Heaven (Keon)
 It is symbolic of the beginnings of life, and it is the basic principal of this introductory hyung.