

4th Annual New Hampton Tae Kwon Do Championship Saturday, August 23, 2008

Time: Registration: 8:30AM
Rules Meeting: 9:45AM (All Competitors)
Opening Ceremony: 10:00AM

Location: New Hampton High School
710 W. Main St.
New Hampton, IA 50659

General Admission: Spectators
Adults-\$3.00 Kids-\$1.00 (12 and under)

Meeting: A rules meeting will be held at 9:30 A.M. All Black Belts must be present.

Competitors: \$30.00 for one, two, or three events

Tournament Officials: Grandmaster Woo Jin Jung, Chairman
Directors: Master Stacey Bendickson, Mr. Justin Schmitt.

Tournament Rules **How winner is determined:** In free-fighting competition, the contestant who scores the first 3 points is the winner. These points are awarded by decision of the four corner judges and referee. One point is awarded for a hand or foot technique to a legal mid-section target. One point is awarded for a foot technique to a legal high target.

Legal and Illegal Target Zones: The only legal areas are high-section (from neck up) for foot techniques and mid-section (from lower abdomen to neck) including both sides of the torso, for hand and foot techniques. Techniques are to be controlled to 2 1/2 cm. or under. Light uniform contact indicates this. Illegal target areas are the whole of the spinal column, i.e., neck, back of head, backbone, groin, knees, throat, eyes. Blind techniques are prohibited.

Attacking Weapons: The only attacking tools to be used are the front fist, ball of the foot, heel, knife foot, and instep of the foot.

Illegal Techniques: Biting, scratching, holding or clawing, intentionally avoiding close contact, and attacking illegal targets are prohibited. Blind techniques and sweeping techniques are prohibited. Hand techniques to the head or face are prohibited.

Warnings, Point Loss & Disqualification: Warnings will be issued for rule infractions. Two warnings constitute one minus point. Quarreling with any judge, attempting to end a match by injury of opponent or the infliction of bruising, swelling, cut or bleeding will result in disqualification. The referee may disqualify any contestant at any time.

Grand Championship: This match shall consist of two, two-minute rounds with a one-minute rest between rounds.

Forms: Forms will be judged by a panel of five judges. A possible ten points may be awarded by each judge. The highest and lowest scores will be disregarded and the total reached from the remaining points.

One board.....white through orange **No Head Breaks--No Speed Breaks**

Breaking:

Two boards.....green and blue

Three boards.....brown

Four boards.....black

Appearance: Each contestant will compete in a clean uniform. **Male competitors must wear groin supporter and cup.** Jewelry or trinkets of any kind are not to be worn. Foot protection and Mouthguards are required for ALL, hand protections is recommended. Black Belt competitors hand protection (saf-t punch, saf-t kick) is also required.

Miscellaneous: Anything not covered by these rules shall be decided by the Directors, as shall any dispute over interpretation of the rules.